

# Te Reo Hāpai

## The Language of Enrichment

A Maori language glossary for use in the  
mental health, addiction and disability  
sectors

*Nā Keri Opai* | Te Pou o te Whakaaro Nui

## Professions and roles

Māori to English

As at Thursday 4 June 2026 at 6:15 AM

[www.tereohapai.nz](http://www.tereohapai.nz)



## H

Māori

English

Haumanu Ngangahau

Occupational Therapy

## K

Māori

English

Kaimātai Hauora Hinengaro

Psychologist

Kaituku Haumanu

Therapist

Kaituku Haumanu ā-ahurea

Cultural Therapist

Kaituku Haumanu Hinengaro

Psychotherapist

Kaituku Haumanu Ngangahau

Occupational Therapist

Kaituku Haumanu Ngutu Tūi

Speech Language Therapists

Kaiwhakamahereora Hinengaro

Mental Health Counsellor  
Mental Health Practitioner

Kaiwhakamahereora Waranga

Addictions Counsellor  
Addictions Practitioner

## M

Māori

English

Mātanga Kai Taiora

Nutritionist

## N

Māori

English

Ngā Tuarā Tautoko

Support Workers

## R

Māori

English

Rata Hauora Hinengaro

See also Tākuta Hauora Hinengaro

Psychiatrist

Rōpū Tautoko

Support Group

## T

Māori

English

**Tākuta Hauora Hinengaro**

Psychiatrist

See also Rata Hauora Hinengaro

**Tauwhiro**

Social Worker

**Te Hunga Tuarā Tautoko**

Support Workers Collective